



WHERE LEADERS ARE MADE

DISTRICT 64 NEWSLETTER



Club Spotlight

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Many of our clubs are hybrid!
Check their websites for zoom links for dates and times.



Crossroads Toastmasters

Left back: Cheryl Prosser, Cal Sigurdson Gordon Seier.
Front: Pam Zacharias and Susan Page.

Crossroads Toastmasters 1396 was chartered March 1, 1970. One of their first year members, Bert Angus spoke his way up the chain, winning the World Championship of Public Speaking! He was the first Canadian to accomplish this prestigious task. He was a strong advocate for Toastmasters until his passing in 2000.

Crossroads meets Wednesday evenings from 7 to 8:30 pm. Beginning January 10, they will alternate between hybrid and online meetings on a bi-weekly basis. One will be in person and hybrid located at the Abundant Life Baptist Church, 1396 Plessis Ave. The following meeting Jan 24 will be online via Zoom.



WHERE LEADERS ARE MADE



Speech contest season has started.

Updated the Speech Contest website content: <https://district64.ca/club-officer-training/>

- Club contest in January
- Area contests in February
- Division contests in March
- District Finals are at the Spring Conference

Speech contest resources

Susan Kotello - Speech Contest Coordinator

Bill Buchanan, Judging Coordinator and Area and Division Directors

QUICK LINKS

- District Calendar
- D64 Blog
- D64 Podcast
- Toastmasters International

Open House Planned

CROSSROADS TOASTMASTERS

OPEN HOUSE

Join us and see how the benefits of Toastmasters will help you!



February 21, 2024



GUEST SPEAKER:
Laurie Barkman

You Will Learn :

- Toastmaster to Solopreneur - valuable skills that can help you
- Why diets don't work
- Why your health matters
- 3 simple health strategies
- Practical health & wellness tips

Come for
a visit
TODAY!

7:00pm - 8:30pm



WWW.CROSSROADSTM.CA

MORE INFORMATION

204-795-9497

spage3075@gmail.com

Toastmaster Laurie Barkman showcases how toastmasters helped her branch into entrepreneurship.

She is health & wellness coach, who focuses on each individuals health & wellness.

Why we love Crossroads Toastmasters!

"A friend invited me to come to a Toastmasters meeting as a guest. I immediately saw the value of the life skills that Toastmasters could bring to help me navigate through the professional world. I joined the club right away without hesitation."

"I initially joined Crossroads Toastmasters to get myself up and speak in front of people. I was learning more as I listened, taught, and evaluated at the club level. I always take away some useful tips or idea to improve my skills. These tools make me a better individual with my family, work and church.."

"I was always "bombing" my interviews for promotions that I was highly qualified for. After one month of meetings, I had another interview for a job promotion and got the promotion. It wasn't long after that I got the confidence to apply for a facilitator position. I was able to use the skills I learned in Toastmasters to wow the HR panel in the interview and got promoted to a trainer position."

"Toastmasters has given me the tools to enhance my speaking skills, leading to greater confidence in everything I do. It has strengthened my leadership skills, and this is a critical in my management position. The comradery and social aspect of toastmasters leaves me with a smile and happy memories.

Something unique about Crossroads is its strength and perseverance. We might be a small club right now, but we are determined to grow our membership and continue to learn and grow from each other, and everyone that crosses our paths."

Director's Message

Turning the corner

Happy New Year District 64!!

I hope that each of you had a wonderful holiday filled with fun, love and good health.

As we turn the corner and head down the backstretch of this Toastmasters year, we have much to be proud of and more to do. As you read in the December Newsletter, and heard in the District Meeting, there is an amazing amount of work happening at all levels. This district is filled with unsung heroes that work tirelessly to make their individual clubs better. Clubs, please take the time to thank these people and let them know how much you appreciate their efforts.

Spring Conference will be here before you know it. I will let Stephen and the PRM Team, lead by Connie, fill you in with the details, but I want to let everyone know what the Spring Conference theme is. "The Power of We". According to World HQ, can only be associated with the Conference as we are not allowed to have themes at the District level anymore.

We will all celebrate accomplishments in the District as we come together in April and really show what this power can and has done at all levels this year, including recognizing and inducting your leadership for next year. Nothing excites me more than receiving success stories from our members, clubs, Area Directors on improved memberships, 7 of 7 club officers trained, educational achievements and as mentioned, the recognition of your unsung heroes.

"Step up and be one of those unsung heroes. Be the change that makes your club distinguished!"

- David Storey

Keeping our Spring Conference theme in mind, step up and be one of those unsung heroes. Ask experienced members in your clubs what else you can do to make the club more successful. Dust off your Club Success Plan and see if you are still on track. I look forward to seeing you all at the next District Meeting on Jan 27th. Your call to action is to be the change that makes your club distinguished.



David Storey, DTM
District Director

 204-297-4988

 districtdirector@district64.ca

 www.district64.ca

Program Quality

Happy New Year District 64 Toastmasters!

After a brief pause through the holiday season it is time to ramp back up personal and professional growth in each of our Toastmasters journey's!

I continue to be energized every day witnessing the growth of our member's confidence and skills through Toastmasters "learn by doing" development approach.

Even as District 64's Program Quality Director I too am on the same Toastmasters learning journey and embracing it to the fullest. I am grateful to be surrounded by amazing team members and leaders and will be honoured to help represent our District with David Storey and Doreen Roman at District Leadership training located in Dallas TX mid January.

So what amazing "learn by doing" awesomeness is coming for the next six months you may ask?

Jump in and participate as a contestant or a leader coordinating a speech contest. Speech contests create an amazing opportunity to take speaking skills to the next level or gain leadership experience helping run one. Club level speech contests will run through January.


Events coming on the horizon are the Winter Toastmasters Leadership Institute (TLI) on Sat Feb 24, 2024 and the year end celebration event the District 64 Toastmasters Spring Conference on Apr 25 to 27 2024. Registration will open soon for both.

Don't hesitate! Jump in, learn & grow. Let's make the best of our Toastmasters journey together!



At your service,

Stephen Bryden Program Quality Director

 204-914-8985

 Programquality@district64.ca

 www.district64.ca

Volunteers wanted all levels!

- Need an opportunity to complete a higher level Pathways project?
- Looking for a DTM project?
- Would like to gain direct leadership, development, experience with mentorships?

We have teams in need of additional leaders and volunteers!

Contact Stephen Bryden at: Stephen.bryden@shaw.ca

Club Growth

Benchmark progress

Happy New Year's District 64 Toastmasters

I hope this message finds each of you happy and healthy with a smile on your face after a great holiday season.

The second half of the year is starting so let's check our goals that we have set for ourselves.

- Did we make that triple crown?
- Have we set a date to do club officer training?
- Have we set a date for the speech contests?
- Are we participating in the speech contests?

Whatever your goal is, remember you can do it.

Don't forget the challenge

- the Ambassador Toastmaster
- earn points for visiting a club
- need verification from the President or VPE, competing pathway levels and total completed pathways.

Points will be accumulated from January 1 to June 30.

Don't forget the Traveling Gavel is back too!
Who has it?

How many clubs have made halfway to distinguished? Have fun.

I hope some members will do the Club Coach Module between now and the end of June so they can be ready to start coaching come July 1.

Any club planning on doing Speechcraft or Youth Leadership. Laurette can help you with that.

Let's have a wonderful second half of the year. And know that Toastmasters help fellow Toastmasters to achieve their goals!

"Let's have a wonderful second half of the year. And know that Toastmasters help fellow Toastmasters to achieve their goals!"
-Doreen Roman



Doreen Roman DTM
Club Growth Director



Clubgrowth@district64.ca



www.district64.ca

Event news:

Save the dates!

Winter Toastmasters Leadership Institute (TLI)

Sat Feb 24 2024

Alfred Kerperin and OneWInPak are coordinating this event.

- Open to all members. Club Officers attending this event can gain full credit for all roles held.
- This event is the last of the last for Club Officer Training.

District 64 Spring Conference

Thurs Apr 25 to Sat Apr 27 2024

- Hybrid supported event (in-person, hybrid and online).

Watch for kick off promotions planned to be launched in mid to late January!

Crossroads Toastmasters

TOASTMASTERS INTERNATIONAL

Come for a Visit TODAY!

**Be Bold
Be Heard
Be a Leader**

**WEDNESDAYS
ONLINE**

7:00 pm - 8:30pm

For more info contact: Susan Page 204-795-9497

CLUB OFFICER TRAINING SCHEDULE 2024

Club Officer Positions - 1.25 Hours each (Must attend for each office you hold)				
Session 5	Tues January 9th	7:00 PM		
Session 6	Wed January 17th	7:00 PM		
Session 7	Thurs Feb 1	7:00 PM		
Session 8	Tues Feb 6th	7:00 PM		
Session 9	Mon Feb 12th	7:00 PM		
Electives - Must attend one of the following. All start at 7 pm.				
Session 4	Wed Jan 10th	Pathways	DTM Success	Moments of Truth
Session 5	Thrus Jan 18th	Member & Growth	Club Promotions	Moments of Truth
Session 6	Wed Jan 31st	Pathways	DTM Success	Moments of Truth
Session 7	Mon Feb 5 th	Member & Growth	Club Promotions	Moments of Truth
Session 8	Fri Feb 9th	Pathways	DTM Success	Moments of Truth
Session 9	Thrus Feb 15th	Member & Growth	Club Promotions	Moments of Truth